

April 19, 2017

Press Release

JEAP Peacemind Inc.

New feature: "Iki-Iki" Stress Check Stress check system improved to promote corporate diversity & inclusion

JEAP Peacemind Inc. today announced that in accordance with our Diversity & Inclusion Declaration, we have improved the features of our stress check system. Based in Chuo-ku and led by President Ayumi Nishikawa, JEAP Peacemind contributes to sustainable enterprise growth through its EAP Services*, which provides support to workplaces and individuals.

■ Stress check system improvements

Under the Industrial Safety and Health Act, workplaces with 50 or more employees are obligated to offer stress checks. The Brief Job Stress Questionnaire is often used for this stress check, and because personal stress check results are compiled based on the raw score conversion tables for men and for women, gender information is required.

Although workers are not obligated to take the stress check, for workers with gender dysphoria just answering the question about their sex is stressful, so they may refrain from taking the stress check and therefore miss the opportunity to gain awareness of their own stress.

JEAP Peacemind promotes diversity & inclusion at our business partners. Therefore we have improved our system with additional specifications that do not require the person who is taking the test to provide the gender information that is used in compiling an individual's stress check results. Thanks to this, the system can be used by companies that are proactively pursuing diversity and LGBT initiatives.

◇ Stress check: "Iki-Iki" Stress Check <http://en.peacemind-jeap.co.jp/#current-topic>

Going forward JEAP Peacemind will continue to create easy-to-use systems that help working people, offer support to LGBT people, and provide training to promote diversity.

■ Diversity & Inclusion Declaration

JEAP Peacemind has issued a Diversity & Inclusion Declaration. This is a declaration made to not only the companies we support, the people who work for them and their families, but also to our colleagues who are working and growing with us. JEAP Peacemind is recruiting team members to grow with us in accordance with our Diversity & Inclusion Declaration.

◇ Diversity & Inclusion Declaration : http://www.peacemind-jeap.co.jp/about_us/employment/diversity

※ EAP Services is a JEAP Peacemind business name. EAP is the abbreviation for Employee Assistance Program.

For inquiries about the stress check:
JEAP Peacemind Inc.. Sales & Marketing Division
Telephone: 03-3541-8656 / Fax: 03-3541-8655

For employment inquiries:
JEAP Peacemind Inc.. Corporate Department
Telephone: 03-3541-8660 (main) / Fax: 03-3541-8655